

Removing Fear From Your Life!

We hate to admit it, but we all have fears! We all have the propensity to worry and angst about life. There things always coming our way that brings up uncertainties about life. It might be a financial need, a medical need, a relational problem that your child has . . . the list goes on.

- **What are your greatest fears?**
- **How do you deal with your fears? Do you suppress them, face them, ignore them. . .?**

Read the following Passage:

Psalms 27:1 The LORD is my light and my salvation; Whom shall I fear? The LORD is the defense of my life; Whom shall I dread? 2 When evildoers came upon me to devour my flesh, My adversaries and my enemies, they stumbled and fell. 3 Though a host encamp against me, My heart will not fear; Though war arise against me, In spite of this I shall be confident. 4 One thing I have asked from the LORD, that I shall seek: That I may dwell in the house of the LORD all the days of my life, To behold the beauty of the LORD And to meditate in His temple.

- **Verse 1 – Is there anything in this life to really fear? Why?**
- **Verse 1 – Is there anything in this life to really dread? Why?**
- **What does David really believe about God? In other words, “Who is God to David?”**
- **Who is God to you? Can you trust Him? How will you trust Him?**
- **Verse 2 – What Happens to the enemy when it comes to you, God’s child?**
- **According to Verse 3 what are we to do in the day of war? Can you share with the group a time in your life where you were experiencing warfare and remained confident?**
- **Verse 4 – What are you to always seek? Why? Why is His Presence in your life so great? What do you think it means to meditate in His temple?**

Psalm 27:13 I would have despaired unless I had believed that I would see the goodness of the LORD In the land of the living.

- **Why doesn’t David despair in all of these horrible circumstances He has found Himself in?**
- **What did He believe?**
- **What are you believing about God today? What will you believe?**

Is this not a great strategy when facing fear? Deciding what you are going to believe about God and your circumstances! This is how you remove fear from your life! You believe!